

MOTIVATIONAL INTERVIEWING: *INTRODUCTION & INTEGRATION*



Practitioner Workshop

Stephen Rollnick

Two-day workshop in Cardiff, Wales, UK

28-29 April 2008



"After all, when you seek advice from someone it's certainly not because you want them to give it. You just want them to be there while you talk to yourself" Tony Pratchett

This motivational interviewing (MI) workshop will use a newly developed model for helping practitioners integrate MI into everyday practice. It will start and end with a broad focus on integration, with core time in the middle spent on clarifying and refining the principles and practice of motivational interviewing.

Participants will be given the opportunity to:

- Learn about a three styles model for helping others and about its place at home and at work. Understand where MI fits into this model.
- Practice the use of a guiding style for encouraging behaviour change. Learn about and practice the more refined skills of MI. This includes particularly the use of reflective listening to elicit change talk.
- Consider the integration challenges posed in their everyday work environment.
- Join an *internet discussion forum* designed to promote learning after the workshop and to access new developments in the field, including practitioner certification.

Open to all practitioners in health and social care settings, this workshop will be of interest to both newcomers and those more familiar with motivational interviewing. *Stephen Rollnick* is a clinical psychologist who has many years of experience in training practitioners, and is the co-author of *Motivational Interviewing: Preparing People for Change* (Miller and Rollnick, 2001), *Health Behaviour Change: A Guide for Practitioners* (Rollnick, Mason & Butler, 1999) and *Motivational Interviewing in Health Care* (Rollnick, Miller & Butler). He may be accompanied by a colleague for this workshop, particularly if the numbers attending require additional trainer support.

**A complimentary copy of the newly-published "Motivational Interviewing in Health Care", by Rollnick, Miller & Butler will be given to each participant upon arrival at the workshop.*

Venue: Glamorgan Cricket Club, Sophia Gardens, Cardiff, CF11 9XR.

This is a spacious and modern facility, close to the city centre, with views over the ground and surrounding parkland.

Cost: £285* for 2-day workshop

This price includes training fees, morning and afternoon refreshments, buffet lunch and a complementary copy of published "Motivational Interviewing in Health Care", by Rollnick, Miller & Butler. This workshop is being run privately, is not associated with the any organisation or institution, and includes the cost of reusable beaded name badge holders produced by HIV-positive mothers in South Africa, see www.kidzpositive.org

Registration:

Places will be booked on a first-come-first-served basis. Please download and complete the workshop registration form at www.stephenrollnick.com indicating your preferred method of payment and return by post to:

Stephen Rollnick, 9 Denbigh Street, Pontcanna, Cardiff, CF11 9JQ, United Kingdom.

Please direct any queries to: MIStephenRollnick@googlemail.com

MOTIVATIONAL INTERVIEWING: *INTRODUCTION & INTEGRATION*
Practitioner Workshop
Stephen Rollnick

Two-day workshop in Cardiff, Wales UK
28-29 April 2008

APPLICATION FORM

Name:

Address:

Telephone No:

Email address:

Job Title:

Organisation:

Payment Details (Please tick ✓ box as required)

1]. I enclose a cheque made payable to 'Stephen Rollnick' for £285*

2]. Payment by bank transfer (BACS) to Dr Stephen Rollnick,
Account No: 93123758 Sort Code: 40-47-82.FIRST DIRECT BANK, 40 Wakefield Rd,
Leeds LS98 1FD, UK. International Bank Account Number (IBAN)
GB48MIDL40478293123758. Swift Code MIDLGB2168E. Tax reference number: 15290
46399

Your transfer reference number

3]. Please invoice me for £285*. My Purchase Order Number is:

**NB This amount includes training fees for a 2 day workshop, plus refreshments, lunch and a complimentary copy of the newly-published "Motivational Interviewing in Health Care", by Rollnick, Miller & Butler. Delegates are responsible for arranging their own overnight accommodation.*

*Name and Address to which to send invoice (if different from above):

Do you have any special requirements (e.g. dietary, disability, etc)

I understand that until payment or a signed letter confirming funding arrangements are received, the place will be provisional.

Signed:

Date:

Please return completed application form (and cheque if applicable) to:

Stephen Rollnick, 9 Denbigh Street, Pontcanna, Cardiff CF11 9JQ, United Kingdom