

MOTIVATIONAL INTERVIEWING: *INTRODUCTION & INTEGRATION*



Practitioner Workshop

Stephen Rollnick

Two-day workshop in Cardiff, Wales, UK
6th-7th October 2008



"People are generally better persuaded by the reasons which they have themselves discovered, than by those which have come into the mind of others."

Blaise Pascal, Pensées, (1670)

This motivational interviewing (MI) workshop will use a newly developed model for helping practitioners integrate MI into everyday practice. It will start and end with a broad focus on integration, with core time in the middle spent on clarifying and refining the principles and practice of motivational interviewing.

Participants will be given the opportunity to:

- Learn about a three styles model for helping others and about its place at home and at work. Understand where MI fits into this model.
- Practice the use of a guiding style for encouraging behaviour change. Learn about and practice the more refined skills of MI. This includes particularly the use of reflective listening to elicit change talk.
- Consider the integration challenges posed in their everyday work environment.
- Join an *internet discussion forum* designed to promote learning after the workshop and to access new developments in the field, including practitioner certification.

Open to all practitioners in health and social care settings, this workshop will be of interest to both newcomers and those more familiar with motivational interviewing. *Stephen Rollnick* is a clinical psychologist who has many years of experience in training practitioners, and is the co-author of *Motivational Interviewing: Preparing People for Change* (Miller and Rollnick, 2001), *Health Behaviour Change: A Guide for Practitioners* (Rollnick, Mason & Butler, 1999) and *Motivational Interviewing in Health Care* (Rollnick, Miller & Butler). He may be accompanied by a colleague for this workshop, particularly if the numbers attending require additional trainer support.

**A complimentary copy of the recently published "Motivational Interviewing in Health Care", by Rollnick, Miller & Butler will be given to each participant upon arrival at the workshop.*

Venue: Glamorgan Cricket Club, Sophia Gardens, Cardiff, CF11 9XR.

This is a spacious and modern facility, close to the city centre, with views over the ground and surrounding parkland.

Cost: £300* (GBP ONLY) for 2-day workshop

This price includes training fees, morning and afternoon refreshments, buffet lunch and a complementary copy of recently published "Motivational Interviewing in Health Care", by Rollnick, Miller & Butler. This workshop is being run privately, is not associated with the any organisation or institution, and includes the cost of reusable beaded name badge holders produced by HIV-positive mothers in South Africa, see www.kidzpositive.org

Registration:

Places will be booked on a first-come-first-served basis. Please complete and return the workshop registration form, indicating your preferred method of payment and either email to MIStephenRollnick@googlemail.com or by post to:

[Gwennan Thomas, 2 Crossways House Flat 5, Llandaff, Cardiff CF5 2LD](mailto:MIStephenRollnick@googlemail.com)

Please direct any queries to: MIStephenRollnick@googlemail.com

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APPLICATION FORM

Name:

Address:

Telephone No:

Email address:

Job Title:

Organisation:

Payment Details (Please tick box as required)

1]. I enclose a cheque made payable to 'Stephen Rollnick' for £300* (GBP ONLY)

2]. Payment by bank transfer (BACS) to Dr Stephen Rollnick, Account No: 93123758 Sort Code: 40-47-82. FIRST DIRECT BANK, 40 Wakefield Rd, Leeds LS98 1FD, UK. International Bank Account Number (IBAN) GB48MIDL40478293123758. Swift Code: MIDLGB2168E. BIC: MIDLGB2168E Tax reference number: 15290 46399.

Your transfer reference number

3]. Please invoice me for £300*. My Purchase Order Number is:

**NB This amount includes training fees for a 2 day workshop, plus refreshments, lunch and a complimentary copy of the recently published "Motivational Interviewing in Health Care", by Rollnick, Miller & Butler. Delegates are responsible for arranging their own overnight accommodation.*

*Name and Address to send invoice (if different from above):

Do you have any special requirements (e.g. dietary, disability, etc)

I understand that until payment or a signed letter confirming funding arrangements are received, the place will be provisional.

Signed:

Date:

Please return completed application form (and cheque if applicable) to: MIStephenRollnick@googlemail.com

Or by post to:

[Gwennan Thomas, 2 Crossways House, Flat 5, Fairwater Road, Llandaff, Cardiff CF5 2LD](#)

Cancellation Policy: Should you wish to withdraw from a workshop, please inform us no later than 30 days prior to the first day of the scheduled workshop. We will refund your registration fee, minus a £25 administration fee. Cancellations made later than 30 days will be charged 50% of their fee. Refunds cannot be made for participant no-shows. Participants withdrawing from a workshop may choose to transfer to a different workshop. Please notify us at least 30 days before the start of the workshop you wish to withdraw from. If we need to cancel a workshop, participants will be notified at least 14 days prior to the first day of the scheduled workshop and we will immediately issue refunds. All fees will be refunded IN FULL.